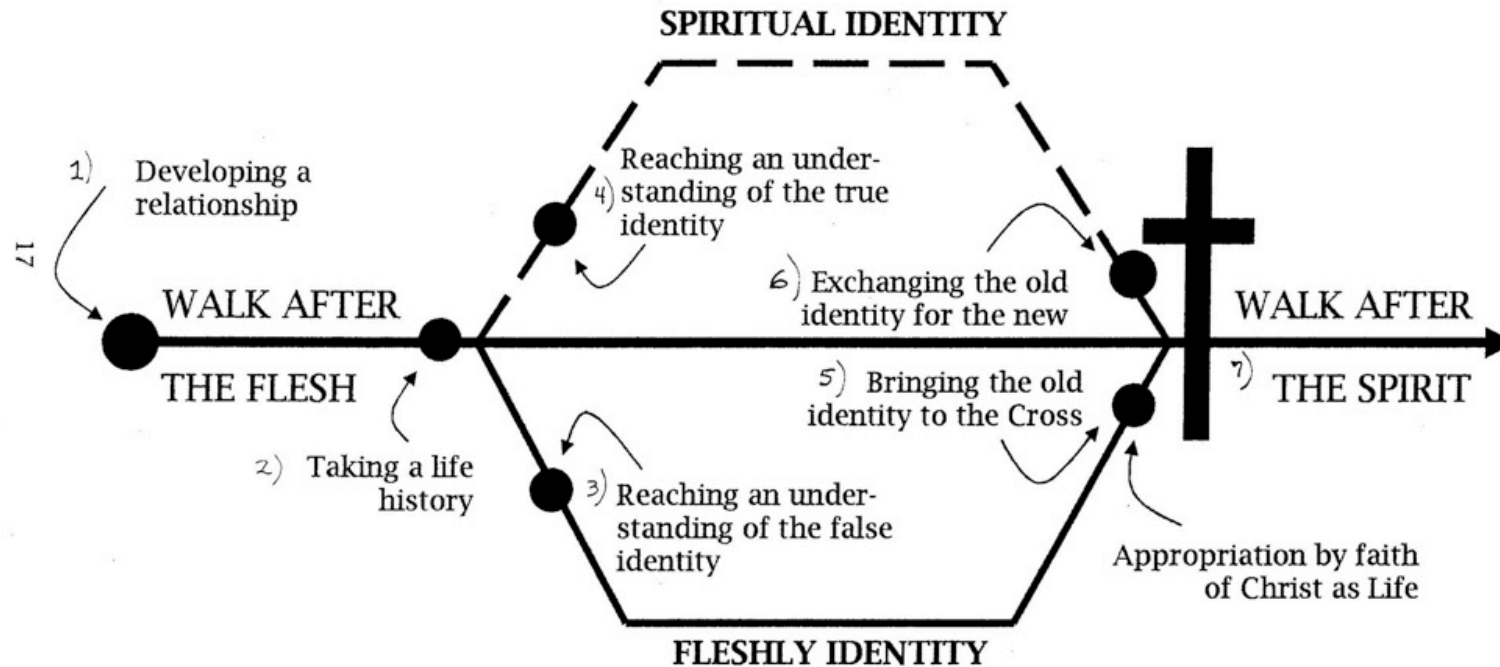


# SPIRITUOTHERAPY OVERVIEW

## (Profile of an Interview and Process)



**DIAGRAM S-1**  
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**Brief description:** First the counselor gets acquainted with the counselee, then begins to learn about the “presenting problem(s).” 2. A social and spiritual history is taken to discern the unique aspects of the person’s self-life (flesh). 3. The natural identity and ways of coping are discerned as illustrated in the Wheel diagrams. 4. The believer’s new identity (based on the Cross) is explained through the illustration of the Line diagrams. 5. Conviction by the Holy Spirit guides the counselee through brokenness and surrender preparing for an “exchange” (Gal. 2:20). 6. Appropriation of identification with Christ is facilitated when ready (see “Selfer’s Prayer”). 7. The counselee is encouraged and guided through additional discipleship steps and problem solving (as needed).